

‘Wellness for the Soul’ Package Launches at The Sarojin



31 July 2018, [The Sarojin](#), Thailand’s luxurious 56-roomed boutique residence, has created a brand new ‘**Wellness for the Soul**’ package to help guests discover mindful, spiritual travel and those one-of-a-kind moments that travellers truly seek. From just THB 65,700 (approx. £1,500), two people can enjoy six nights in a luxurious garden residence, three yoga classes, a Spiritual Blessing of Love, a Phang Nga Temple Tour, the Street Food Cook for Kids initiative, private transfers to/from Phuket International Airport, and all day a la carte breakfast with sparkling wine (served until 6pm).

Taking part in The Sarojin’s **Street Food Cook for Kids** initiative with The Camillian centre, a not-for-profit organisation that provides day care facilities and rehabilitation for children with special needs, is a truly heart-warming, soulful experience. Spending the afternoon with the children at the centre, guests get the chance to support some of the region’s most vulnerable children, preparing a nutritious meal alongside The Sarojin’s sous chef. During this truly memorable afternoon, guests can engage with the children and help breakdown the barriers between cultures and languages in a sensitive and respectful manner that truly supports the local community.

With a sunrise Alms giving and **Spiritual Blessing of Love** at a local temple, guests will find themselves immersed in a contemplative, spiritual morning. Rising early, guests travel to the temple to offer the Buddhist monks a small basket of items as a sign of respect. In return they receive a blessing, which sees the monk gently pouring water over the recipient to cleanse the spirit, while chanting ancient Pali-Sanskrit, the perfect way to start the day feeling lighter and wonderfully calm.

Another inspiring ‘Wellness for the Soul’ experience is a visit to three of the region’s most important temples to learn more about Buddhism and the local culture. Starting with a visit to the **Dragon Cave Temple**, visitors will find themselves in a serene cave that offers a very special atmosphere, ideal for meditation and reflection. Heading high up the mountain, travellers reach **Bang Reang Temple**, the



largest temple pagoda in all of Phang Nga and home to a piece of Buddha's bone. Offering breathtaking views across the stunning province, it is the perfect place to pause and absorb the serenity. Last, but certainly not least, is a trip to **Wat Thamsuwankuha** one of Phang Nga's most historic temples and home to a 15-metre long reclining Buddha statue, the largest in southern Thailand.

Completing the contemplative package are three morning **yoga classes**, the perfect way to make the most of the hotel's serene and tranquil setting. Led by Justine Capdevielle, The Sarojin's yoga teacher, guests are guided through a 75-minute restorative session of Vinaysa Yoga beside the hotel's stunning pool.

To end a day in a truly special way, guests can add a **Private Candlelit Jungle Waterfall Dinner** to their stay for just THB 24,000 (approx. £550) for 2 persons. During this fine dining evening, guests will find themselves immersed in the beautiful scenery of Khao Lak, the perfect location to enjoy a mindful dinner with someone special.

For those wanting to add even more rejuvenation to their stay, guests can upgrade to a sumptuous **Spa Suite**, complete with separate living area and relaxation pool (from THB 3,000 / approx. GBP67 per night inclusive of taxes and daily breakfast) and **receive one hour's worth of Pathways Spa treatments per room, per night** – perfect for indulging in daily massages or accumulating for a longer spa package.

With the new 'Wellness for the Soul' package, travellers will discover why The Sarojin is the perfect place for a truly restorative, spiritual Thai getaway without compromising on luxury.

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About The Sarojin

The Sarojin is beautifully set on an 11km stretch of secluded white sand beach in Khao Lak, just a 55-minute drive north of Phuket Airport, and is surrounded by five spectacular national parks and the world-famous dive sites of the Similan and Surin Islands. Designed in a contemporary Asian style, the five-star resort's 56 deluxe residences are nestled within ten acres of tropical grounds leading directly onto the beachfront. Each guest room features its own private garden and "sala" sundeck, couples' baths with waterfall showers, and plunge and relaxation pools that blend into the natural habitat. Other facilities include an attentive "Imagineer" who can create tailor-made experiences for hotel guests and complimentary use of a fully equipped fitness centre, mountain bikes, sailing catamarans,



sail boats, sea kayaks and windsurfing boards. Tranquility is guaranteed as no children under the age of 10 are permitted to stay at The Sarojin.

The Sarojin was voted one of the **top five Overseas Holiday Hotels in Asia & The Indian Subcontinent** and **18th in The World's Top 100** in the Condé Nast Traveller Reader Awards 2017.

For further information on The Sarojin, please visit: www.sarojin.com and [The Sarojin 360 Tour](#)

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