

CRAFT YOUR OWN LUXURIOUS LEARNING HOLIDAY WITH THE SAROJIN



Experiencing and learning a new skill is increasingly becoming a primary motivation for travellers when picking a destination and, according to Kuoni's latest <u>Worldwide Travel Report 2019</u>, conservation, cooking, diving and yoga are all among the top 10 holiday learning experiences for this year.

Having spent almost 15 years carefully crafting its Adventure & Discovery experiences, The Sarojin, Thailand's luxurious 56-roomed boutique residence, offers guests a fantastic range of excursions that help them learn a skill or develop an existing one. From cooking classes in the jungle and yoga practice on the beach to caring for an elephant and planting mangroves in the jungle, The Sarojin is the perfect place to combine a luxury Thai retreat with immersive experiences that broaden skills and extend our understanding of the wonderful world we live in!

Culinary Magic

Guests looking to refine their culinary skills are spoilt for choice with The Sarojin's range of cooking experiences. The boutique residence's 'Just for Two' **Thai Cooking Classes** take guests to the local market to choose and taste the fresh ingredients commonly used in the nation's dishes, while The Sarojin's chef tells guests what alternatives can be found in their home country. Guests then return to one of The Sarojin's stunning cooking class locations, which include a jungle waterfall, a pristine beach and an authentic fisherman's hut, to prepare and cook signature Thai dishes under the personal guidance of the chef, before sitting down to enjoy their freshly prepared dishes with a glass of wine, savouring the fruits of their labour.

Those seeking an extra special cooking class experience that also gives back to the local community should sign up for the hotel's 'Street Food Cook for Kids' at Khao Lak's Camillian Centre. Guests cook with the local children of the centre, alongside The Sarojin's chef, in an experience that breaks down cultural barriers in a sensitive way and provides the children with a nutritious meal.



The Sarojin's 'Catch and Dine' experience is perfect for guests wanting a sea-inspired foodie adventure. A fantastic way of engaging with the local environment, guests learn how to catch their own fresh fish, before gathering other ingredients from local farms and enjoying a cooking masterclass on a stunning riverbank.

For a foodie-filled break, The Sarojin's **Chef's Delight** package for two offers a three-night stay, two-day advanced Thai cooking class, daily a la carte breakfast (served until 6pm with sparkling wine) and one 90-minute Royal Oriental spa massage per person, from just THB 38,673 (approx. GBP 943).

Discover Thailand's Underwater Paradise

Ideally located for exploring the world-class **Surin Island National Marine Park**, which is renowned for its underwater beauty, rich marine life, stunning coral reefs and soft white sand beaches, The Sarojin is a fantastic destination for those wanting to work on their **snorkelling** and **diving** skills. With reefs starting just yards from the Surin Islands' shores and the clear waters providing visibility up to 30 meters, even novice swimmers, snorkellers and divers can enjoy this stunning underwater paradise.

Flexible Learning with Restorative Yoga Classes

Led by guest yoga teacher Justine Capdevielle, The Sarojin's **yoga classes** are ideal for those wanting to improve their flexibility, inner peace and mindfulness. The Sarojin offers both **Ashtanga** yoga, which allows guests to work up a detoxifying sweat through a series of progressive postures, and **Kundalini** yoga, which focuses on asana, meditation and mantra chanting to improve mindfulness and restore energy. On Tuesdays and Thursdays at 8:30am Justine leads a 75-minute group class, which is limited to a maximum of five people, to ensure participants receive bespoke guidance on yoga practice and alignment techniques. Those wanting personal tuition throughout their stay can book private classes with Justine to truly refine they yoga skills.

Conserving Wildlife

Travellers are increasing looking for experiences that enable them to learn more about the planet's environment and wildlife, while doing something that helps conserve this.

With The Sarojin's 'Elephant Owner for the Day' experience at a local ethical elephant camp, guests can learn the key responsibilities for caring for an elephant, the signs of a healthy elephant, as well as help to feed and bathe the majestic creatures.



Those wanting to explore the local scenery while helping conserve Thailand's stunning natural landscape can join The Sarojin's team in planting mangroves along Khao Lak's jungle rivers and estuaries.

With a wide range of discovery and learning experiences, guests at The Sarojin can enjoy a luxurious break, while enhancing their skills for the perfect unforgettable Thai retreat!

With The Sarojin's summer offer, guests can enjoy up to **40%*** off stays between now and 16 June 2019, as well as stays between 8 July 2019 and 20 October 2019, when booked by 31 May 2019. Summer Offer rates start from THB 5,006 (approx. GBP 122 per night*) for 2 persons sharing, inclusive of all taxes and daily a la carte breakfast with sparkling wine (served until 6pm).

-Ends-

*Guests booking before 31 May 2019 for stays between 5 May 2019 and 16 June 2019 and/or stays between 8 July 2019 and 20 October 2019, can enjoy 30% off Garden Residence room rates, 20% off Pool Residences, 30% off Jacuzzi Pool Suites, 40% off Spa Suites and 25% off Two Bedroom Pool Suites. Subject to availability.

About The Sarojin

The Sarojin is beautifully set on an 11km stretch of secluded white sand beach in Khao Lak, just a 55-minute drive north of Phuket Airport, and is surrounded by five spectacular national parks and the world-famous dive sites of the Similan and Surin Islands. Designed in a contemporary Asian style, the five-star resort's 56 deluxe residences are nestled within ten acres of tropical grounds leading directly onto the beachfront. Each guest room features its own private garden and "sala" sundeck, couples' baths with waterfall showers, and plunge and relaxation pools that blend into the natural habitat. Other facilities include an attentive "Imagineer" who can create tailor-made experiences for hotel guests and complimentary use of a fully equipped fitness centre, mountain bikes, sailing catamarans, sail boats, sea kayaks and windsurfing boards. Tranquility is guaranteed as no children under the age of 10 are permitted to stay at The Sarojin.

The Sarojin has been recognised for its fine dining offering by **The MICHELIN Guide Bangkok**, **Phuket**, **and Phang-nga 2019**. The highly-regarded restaurant guide honours those that consistently provide diners with high quality products, a 'mastery of flavour and cooking techniques' and value for money, as well as demonstrating the chef's personality within the cuisine.

The Sarojin was voted one of the **top five Overseas Holiday Hotels in Asia & The Indian Subcontinent** and **18**th **in The World's Top 100** in the Condé Nast Traveller Reader Awards 2017.

For further information on The Sarojin, please visit: www.sarojin.com and The Sarojin 360 Tour
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